



GETTING THINGS CHANGED

EASY READ

SUMMARY OF RESEARCH



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Disabled people are often treated unfairly. For instance, some people get bad support in care homes or in hospital.



The people who write the policies often get it right. They want disabled people to have better lives. But things don't change.



We think that is because staff in social services and in health get stuck. They do things the way they've always been done.



This project wants to help things to change. We want to understand why things get stuck, and to find ways to help people do things differently.



We think that the best ideas can come from disabled people. We have lots of disabled people in our project, and we are working with Disability Rights UK (DRUK).



We want to look at theories. These are big ideas that help us to understand things. We want to find theories that really make a difference.



We have had 4 workshops so far. We looked at a theory about 'social practices'.



Everything we do is a 'social practice'. For instance, when we go out to a café, that is a social practice. The way we do it depends on three types of things:

1. People and know-how
2. Things (like money, and also cafes)
3. Meanings (people think it's nice to go out to a café when you have free time).



We also looked at the way people talk to each other. We can learn more about how this works out, to see how disabled people are treated in their everyday life.



We think that disabled people often get shut out of things. Or they don't fit with the way things are generally done.



In social care and health care, staff are often 'in control'. They have more power. So one of the things we have to do is to find out more about how to change the power balance.



We can do all this best by working with disabled people, who can speak up for themselves. That is fine, but we need to go further, and to see how disabled people's own ideas can really make a difference to the way things are done.



We are trying out some of these ideas in our research. There are 5 different research strands.



Strand 1: Getting Good Support

We are making videos with older people with dementia. We will see how these videos can help support staff to learn new skills.



Strand 2: Universities

We are working with a group of disabled students at University, to listen to their stories. They will help to make training for staff. We are also finding out the stories of disabled staff at Universities.



Strand 3: Health

We are finding out how health services are making 'reasonable adjustments' for disabled patients, and we will see if good health services can teach the others how to get better at this.



Strand 4: Parents

We want to see how social services can get better at giving good support to parents with learning difficulties.



Strand 5: Disabled people making change

We are working with groups of disabled people who are making changes through their own actions. We want to see what effect this can have on the way social services and health are managed.



We want to keep talking to each other. We are having this workshop to look at some of the answers we are finding.



This is a big project. We want to find out things that are really useful for disabled people. But we can't do it without help.

We want many different disabled people to be part of this project. And we want to listen to your ideas!



Get in touch with us:

<http://www.bristol.ac.uk/sps/gettingthingschanged/>

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